

From: info@indianapsychology.org
Subject: IPA January E-News: PQRS Deadline Jan 31, McGuffey Honored, Voc Rehab, Ethics Conference
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Indiana Psychological Association

promoting psychology, supporting psychologists

January 2015

APAPO PQRSPRO Launched for PQRS Reporting

The APA Practice Organization (APAPO) has recently launched a new service for psychologists and other mental health professionals to report quality measures in PQRS. This registry, unique to PQRS measures used by mental and behavioral health professionals, can be found [here](#). **Psychologists participating in Medicare and still wanting to participate in PQRS for 2014 must sign up by January 30, 2015 and report by February 15, 2015.** More information is available through [APAPO](#).

Tips for Talking with the Media

When there are breaking news stories, media outlets frequently seek comments from experts in the area of interest to the public. Increasingly, the media has contacted IPA, as well as individual psychologists, for interviews for print, radio and television features. Should a psychologist agree to an interview, there is often little time to prepare. Many psychologists are not comfortable with media interviews, while others are willing but seek guidance in responding to requests and preparing for interviews.

First and foremost, psychologists should only respond to interviews in areas of their expertise and be prepared to only respond to questions within their area of knowledge and comfort. The American Psychological Association has provided [tips for interviews with the media](#). Should you be contacted by the media for an interview and are not comfortable with the topic, please contact IPA so that we may assist in finding a psychologist knowledgeable in the area to be interviewed. You may contact Tabitha Arnett at tabitha@indianapsychology.org or Julie Steck at jsteck@chidlrensresourcegroup.com.

Pat McGuffey Recognized for 30 Years of Service to Indiana Psychologists

Pat McGuffey, ESQ, was recently recognized for 30 years of service to Indiana psychologists. She works with IPA year-round on governmental affairs and policy issues and provides recommendations for advancing and protecting the profession of psychology. With over 30 years in governmental affairs, McGuffey has a track record of success, advocating for numerous mental health, health, and budgetary issues. Click [here](#) to read more about Pat's achievements and contributions to IPA.

Call for Articles on Adolescent Mental Health

The March edition of the IPA quarterly newsletter will focus on adolescent mental health issues. If you have a special interest in this area or wish to disseminate information regarding a program focusing on adolescents, please let us know. Send your articles or direct questions to Dr. Sarah Landsberger at slandsbe@iupui.edu or Dr. Julie Steck at jsteck@chidlrensresourcegroup.com.

Bureau of Rehabilitation Services Releases New Application

In the fall of 2014 the Bureau of Rehabilitation Services announced changes to the enrollment process for employment services contactors for the Vocational Rehabilitation program. As a result of the changes, those who are currently providing these services, as well as those interested in providing services, must complete the [new provider application packet](#) for review and approval. Applications are due by Friday, February 6, 2015. Current contracts will expire on June 30, 2015 and new contracts will be completed by July 1, 2015. For more information regarding these changes, please go to the Division of Disability and Rehabilitation Services [memo](#) released earlier this month.

Indiana Psychologists Featured in *The National Psychologist*

The most recent edition of *The National Psychologist* provides an overview of two presentations from the IPA Annual Conference on November 7 and 8 in Indianapolis. IPA members Dr. Carrie Cadwell, President-Elect of IPA, and Dr. Heather Chik were highlighted in the January 2015 edition for their respective presentations on opportunities for psychologists in healthcare integration and hoarding. *The National Psychologist* is published six times a year with the intent of keeping psychologists informed about practice issues.

Congratulations to both Dr. Cadwell and Dr. Chik for their outstanding work!

Welcome New Members:

IPA would like to welcome our newest members!

Affiliate Member

Jamie Ramsey, Terre Haute

Student Members

Alexius Babb, IU Kokomo

Brett Enneking, University of Indianapolis

Divya Jaya, University of Indianapolis

Ankita Krishnan, Purdue University

Ife Sinclair, Purdue University

Nelson Zoulome, Indiana University

Spotlight on New Member

Dr. Jamie Ramsey, a new Affiliate Member of IPA, recently completed her Psy.D. in Clinical Psychology at Indiana State University (ISU). Dr. Ramsey became interested in working with and helping others while in high school. During that time, she enjoyed volunteering at nursing homes and hospitals and tended to befriend those who were marginalized at school. She has always enjoyed getting to know people, their lives, and their narratives, which has led to a career in

enjoyed getting to know people, their lives, and their narratives, which has led to a career in therapy and psychology. Prior to attending ISU, Dr. Ramsey worked in the National Health Service in the United Kingdom for five years, with two of those years working in Addictions Psychology. While at ISU, she worked with Dr. Kristellar in the area of mindfulness and mindful eating groups. Dr. Ramsey completed her internship at the University of North Dakota Counseling Center where she trained in EMDR and saw first-hand the effectiveness of this therapy. With a specialty interest in Native Psychology, Dr. Ramsey worked at the Turtle Mountain Reservation with the Indian Health Service while in North Dakota. Other specialty interests include the relationship between spirituality/religion and psychology. When Dr. Ramsey is not working or studying, she enjoys dancing at powwows and attending Native events. She also enjoys spending time with her new baby and husband. Dr. Ramsey's background, experiences, and training bring a wealth of information and talent to IPA.

Congratulations, Dr. Ramsey, on completion of your doctorate and best wishes on your future!

PEC for ECP (Public Education Campaign for Early Career Psychologists)

On December 3, 2014 the Public Education Committee hosted a social and Continuing Education event to introduce Early Career Psychologists to the APA Public Education Campaign (PEC). Ten ECP's and two LCP's (Late Career Psychologists) attended the event. Following a brief social time, Dr. Julie Steck provided an overview of the four Public Education Campaigns that have been developed by APA. These programs include professionally developed PowerPoint presentations, promotional materials, references, and talking points on the following topics:

- Making Healthy Choices for Your Family
- Choosing Wellness while Living with Illness
- How to Tell If Kids Are Struggling Emotionally
- Got Bounce? Resilience for Teens and Got Bounce? Resilience for Children

These programs have been developed for psychologists to use to educate the public in these four important areas of Mind-Body Health. The materials are available to all members of APA and to IPA members and other psychologists who wish to be part of the Indiana PEC. If you are interested in learning more about the PEC and/or attending future social and continuing education events, please contact Julie Steck, Chair of the Communications Committee, at jsteck@childrensresourcegroup.com.

Mark Your Calendars!

Annual Ethics Conference co-sponsored by *The Trust*
April 17, 2015 in Merrillville
Look for more information on www.indianapsychology.org later this winter.

Dr. Julie Steck and Dr. Valerie Long (both of Children's Resource Group) serve as editors for the IPA E-Newsletter. For topics or articles that you would like to see in future E-News editions, please contact Communications.IPA@gmail.com.

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